

April 24<sup>th</sup> 2024  
Evening Event on Campus

starting  
off @hhu  
Welcome Days for  
Researchers

## Getting connected! Networking event

(Keynote, Mini-Workshop & Get Together)

Communicating and Networking are crucial, but often highly undermined aspects of your daily life as a researcher. Speaker and Trainer Jan Schmidt will talk about the challenges you face in your own communication as well as key strategies for building your network. There will also be the opportunity to try out certain communication strategies within a mini-workshop session. The session will be followed by a get together accompanied by food and drinks.

April 24<sup>th</sup> 2024 • Evening Event • 5 pm • SSC Bldg. 21.02

More information and registration:  
[www.hera.hhu.de/welcome-days](http://www.hera.hhu.de/welcome-days)

**April 25<sup>th</sup> 2024**  
Online Info Sessions



Heine Research Academies (*HeRA*) are a joint academic institution formed by the graduate academies of the faculties (*iGRAD*, *medRSD* and *philGRAD*) and the Junior Scientist and International Researcher Center (*JUNO*). Together we are supporting your research work by a complementary program of workshops, coaching formats and events.

We want to advance your career and training as an early career researcher also by providing a collection of useful information and links to contact points.

The information sessions are meant to provide you with all information you will need for a successful research time in Düsseldorf and Germany.

### April 25<sup>th</sup>, Online Info Sessions, from 9 am - 12 pm

09:00 am	Arrival and Welcome	
	Parallel Sessions:	
09:05 am	<p><b>For Doctoral Researchers</b> Managing your doctoral project:</p> <ul style="list-style-type: none"> <li>• Faculty of Arts and Humanities <i>Dr. Kristina Rubarth &amp; Dr. Julia Siep, philGRAD</i></li> <li>• Faculty of Medicine <i>Dr. Ursula Kessen, Olympia Glomb &amp; Sandra König, medRSD</i></li> <li>• Faculty of Mathematics and Natural Sciences <i>Dr. Debbie Radtke &amp; Dr. Christian Dumpitak, iGRAD</i></li> </ul>	<p><b>For Postdoctoral Researchers</b> • Your Postdoc @ HHU <i>Dr. Uta Brunner, JUNO</i></p>
10:15 am	Coffee Break	
10:30 am	Thriving Health, Thriving Career: Exploring Health Resources for Researchers @ HHU, <i>Dr. Mirja Otten, HCSD</i>	
11:15 am	Make it in Germany! Information and Exchange for Internationals, <i>Dr. Sigrun Wegener-Feldbrügge, JUNO</i>	
12:00 am	End of Online Sessions	

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