Shape your career, make an impact!

Heine Research Academies
Gute wissenschaftliche Praxis

Karriereberatung

Presenting Science

Antragsberatung

Project Management

Optimizing Writing Strategies

Bewerbungstraining

Berufungstraining

Time Management

Coaching

Reden mit den Medien

Potentialanalyse und berufliche Orientierung

Disputationstraining

Get into teaching for Doctoral Researchers

German language class

Publizieren in Peer Reviewed Journals

Emotionale Intelligenz

Get into teaching for Doctoral Researchers

Good Scientific Practice

Führungskompetenzen für Nachwuchswissenschaftler/innen

Academic Writing

Upward Leadership

Karriereberatung

Konfliktberatung

Good Scientific Practice

Berufungstraining

Get into teaching for Doctoral Researchers

Beste wissenschaftliche Praxis

Leadership Skills

Get into teaching for Doctoral Researchers

Your Success in Companies

Speed reading

Disputationstraining

Potentialanalyse und berufliche Orientierung

Führungskompetenzen für Nachwuchswissenschaftler/innen

Presenting Science

Wissenschaftliches Schreiben

Time Management

Coaching

Reden mit den Medien
On the following pages, you will find details of what services are available as well as whom to contact at Heine Research Academies.

- Heine Research Academies
- iGRAD – Life & Natural Sciences
- medRSD – Medicine
- philGRAD – Arts & Humanities
- JUNO – Junior Scientist & International Researcher Center
- Testimonials
Heine Research Academies

The Heine Research Academies are a joint academic institution formed by the graduate academies of the faculties iGRAD, medRSD, philGRAD and the Junior Scientist and International Researcher Center (JUNO).

Heine Research Academies offer doctoral and post-doctoral researchers as well as young research group leaders at HHU support beyond the limits of the specific faculties. Together, the academies bundle their long-standing experience and expertise in the area of graduate education and training for young academics in order to advance the careers of national and international junior researchers at HHU. The dedicated team of Heine Research Academies comprises trainers qualified in the field of higher educational teaching, professional coaches and science managers. The Heine Research Academies regard themselves as an information and coordination platform for the cross-faculty and interdisciplinary networking of early career researchers.

Offering:
- Qualification, counselling, and services for doctoral researchers
- Qualification, counselling, and services for postdocs, young research group leaders, and junior professors
- Inter-faculty networking and opportunities to exchange ideas on research work and careers
- Travel subsidies for participation in conferences and for research stays abroad
- Welcome Service for international doctoral researchers, postdocs, and visiting scientists

Bring your lunch & educate yourself!

HeRA Lunch
www.hera.hhu.de/heralunch
iGRAD – the Interdisciplinary Graduate and Research Academy Düsseldorf – supports the career development of early stage researchers by offering training, counselling, and other services.

For doctoral studies at the Faculty of Mathematics and Natural Sciences, important quality standards are already firmly in place. Amongst others these include:

- Supervision of the doctorate by at least two persons: supervisor and mentor
- Conclusion of a written Supervision Agreement, including project plan, clearly defined conditions and requirements, etc.
- On the basis of this: Annual Progress Reports
- Participation in the »Good Scientific Practice« seminar

Extensive course offer for doctoral and postdoctoral researchers
The courses offered by iGRAD both in German and English cover a broad spectrum of key professional skills at further and advanced vocational training level. Depending on the participants’ chosen career paths, they can further develop their individual academic profile with additional qualifications.

Broad range of counselling and other services
- First point of contact for general questions and issues related to training for early career researchers (all target groups, including prospective doctoral researchers)
- iGRAD Basic Curriculum and Doctorate Transcript (doctoral researchers, see next page)
- Employment and career counselling for natural science professions (doctoral and postdoctoral researchers)
Confidential conflict counselling ((post)doctoral researchers, doctoral supervisors, doctoral degree programmes) – if requested with impartial moderation or further measures (e.g. team building)

Counselling and help with application procedures (doctoral degree programmes)

Customized in-house courses (doctoral degree programmes, doctoral supervisors)

The »Good Scientific Practice« seminar and conflict counselling are open to all doctoral researchers at the faculty. Other services offered by iGRAD can be accessed in the framework of voluntary membership, which is possible for doctoral and postdoctoral researchers at the Faculty of Mathematics and Natural Sciences, doctoral supervisors as well as doctoral degree programmes related to the faculty. For iGRAD doctoral researchers, the cost of participating in the workshops is usually borne by the faculties involved, the Heine Research Academies, or the respective doctoral degree programmes. For postdoctoral researchers, costs are normally covered by their institutes/working groups.

**iGRAD Basic Curriculum & Doctorate Transcript**
In addition to the »Good Scientific Practice« seminar, iGRAD doctoral researchers attend at least three courses which cover different areas of competence. Having successfully completed their doctorate and the Basic Curriculum, iGRAD doctoral researchers receive an individual Doctorate Transcript. This records for future employers those courses completed by the graduate as well as other relevant achievements and qualifications attained during doctoral studies (e.g. publications, conferences, research visits, teaching activities, special tasks and responsibilities, etc.).

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The Medical Research School Düsseldorf (medRSD) is part of the Dean’s Office of the Faculty of Medicine at Heinrich Heine University Düsseldorf and the first point of contact for all matters regarding doctoral studies and scientific training in the faculty.

To support doctoral researchers during their doctoral studies, medRSD provides a structured framework and assists them with their research and career plans. Doctoral studies in the field of medicine are conditional on membership of medRSD.

Structured doctoral studies at the Faculty of Medicine

- Supervision Agreement between doctoral researcher and supervisor, including a project plan for the doctorate
- Mandatory courses in »Good Scientific Practice«*
- Free courses in the areas of core competencies and transferable skills
- Participation in congresses with poster and/or presentation

medRSD services for doctoral researchers

We offer our doctoral researchers a wide variety of support services:

- »Introduction to Doctoral Studies« lecture
- Annual symposium for doctoral researchers
- Regular networking meetings
- Platform for thesis projects
- Personal advisory sessions
- A wide range of academic and vocational further training workshops and courses

Examples from the course programme

Scientific Writing, Literature Research, Statistics for physicians, EndNote, Communication, Moderation, Emotional Intelligence, etc.*

* These courses are mostly in German.
Services for medical students
Science & Study: Three innovative workshops* awaken students’ interest in scientific issues and inspire them for research. medRSD offers three consecutive compulsory electives (each lasting four days) in the first study stage (Year 1-3):
- Understanding Science – basics and application
- Using Science – science in the medical profession
- Applying Science – My doctoral thesis

Services for supervisors
However, the advisory and course offerings are not only aimed at doctoral students. Young scientists and supervisors also find support in the form of personal advice and a comprehensive range of courses and workshops offered in cooperation with the Junior Scientist and International Researcher Center (JUNO) of the HHU. JUNO’s Academic Career Development Program supports scientists in planning and developing their personal career path (see also p.21).

Exemplary course programme*
- »Good scientific practice« for postdoctoral researchers
- Project Management for Young Scientists
- Leadership skills for doctoral supervisors
- Professional employee selection and training
- Writing doctoral reports – evaluating, justifying, legally compliant writing

PhD programme
In the PhD program, graduates of various medical and scientific disciplines with an interest in in-depth scientific work in basic medical research are eligible to earn the international degree of Doctor of Philosophy (PhD) in Medical Sciences. The experimental research work is carried out at the clinics and institutes of the Medical Faculty within the framework of the thematic clusters Molecular Medicine, Diagnosis and Therapy of Diseases and Health and Society. We are placing special value on competent supervision and professional training in line with international standards.

Medical Research School
Dr. Ursula Kessen, Olympia Grazia Glomb, M.A.

PhD-Programm
Dr. Jessica Gätjens
www.medrsd.hhu.de

* These courses are mostly in German.
Membership of philGRAD is voluntary and possible at any time for all (post)doctoral researchers and supervisors at the Faculty of Arts and Humanities. Doctoral researchers are supervised by a team (e.g. university lecturers, full-time members of the teaching staff, mentors). Together they conclude a Supervision Agreement and hold regular supervision meetings. Attendance of the »Good Scientific Practice« workshop is compulsory for all doctoral researchers who are philGRAD members.

The broad portfolio of events organized by philGRAD is free of charge for its members and tailored to the requirements of the respective target groups. The purpose is to allow participants to acquire key and professionally relevant qualifications as well as to foster individual career development. After successfully completing their doctorate, upon request philGRAD’s doctoral researchers receive an individual Doctorate Transcript.

Exemplary course programme*

- »Good Scientific Practice« seminar
- Getting Started: Preparing for Doctoral Research
- Doctorate Defence Training
- Presentation and Communication

* These courses are mostly in German.
Project and Time Management  
Team Coaching for Doctoral Researchers  
Writing Group for Doctoral Researchers  
Academic Writing in English and German  
Employment and Career Advice  
Applying for a Job

Additional philGRAD opportunities
- Yearly network events for doctoral researchers  
- Forum for doctoral researchers  
- Roundtables for specific career options  
- Workshops on special topics  
- Inter-faculty conferences for doctoral researchers  
- Support for research funding applications  
- Planning and organizing a writing centre

Counselling and advisory services

philGRAD is the first point of contact for general questions and issues related to training for early career researchers, including prospective doctoral researchers. The Graduate Academy offers a broad range of counselling and other services. Alongside with career and conflict counselling and help with academic writing, coaching is a special form of individual support for doctoral researchers. At any phase of their studies, doctoral researchers can avail themselves of individual coaching, which assists them in a targeted approach and on the basis of available resources with issues such as procrastination, motivation, supervision, time management, optimization of writing processes, writer’s block, work-life balance, conflicts, vocational orientation and career planning.

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www.philgrad.hhu.de
Excellent education and qualification as well as active integration on campus and networking are the basic requirements for a successful research career.

The interdisciplinary training programme for postdocs, young research group leaders, and junior professors offered by JUNO supports the early scientific autonomy of young researchers. JUNO offers a workshop programme with key professional and vocational qualifications that prepare young researchers for potential jobs at the university and outside the university.

Cross-faculty services:
- Cross-faculty qualification and training for postdoctoral researchers
- Academic Career Development Programme
- Regular interdisciplinary events and network meetings
- Information sessions on financing and administration of research projects

www.juno.hhu.de/en/events-and-courses.html
JUNO is also the central contact and service point for international doctoral researchers, postdocs, and visiting scientists at HHU. They are taken care of in frame of the Welcome Service for international researchers especially offering help with administrative affairs while at HHU.

**Welcome Service for international researchers**
- Online information for research stays at HHU
- Tutor service for personal advise concerning all administrative questions (visas, residence permits, accommodation, health insurance, etc.)
- Network events for international researchers
- Advisory for supervisors when appointing staff from abroad

**Researcher Alumni Programme**
JUNO also supports the interdisciplinary and cross faculty exchange between researchers at HHU and their colleagues around the world who have been at HHU before (researcher alumni) and establishes programmes for mutual collaborations.

**Junior Scientist & International Researcher Center:**

**Welcome Service for international researchers**
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www.juno.hhu.de/en/international

**Cross-Faculty Programme Coordination**
Dr. Uta Brunner
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E-Mail: juno@hhu.de; www.juno.hhu.de/en

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Registration for Tutor Service: www.juno.hhu.de/en/tutorservice
Our Members’ Opinions

Testimonials

Anne Latz
Doctoral researcher, Medicine
medRSD Member

Being a member of a graduate academy makes you feel more confident, as you are granted the official status of doctoral researcher and can find people there who will answer your questions.«

Dr. Catalin Voiniciuc
Senior Postdoc
JUNO workshop participant

I highly recommend taking advantage of the opportunities offered by JUNO. Insights from senior academics and coaches helped me thrive as an independent research group leader.

Svenja Wiertz
Doctoral researcher, Philosophy
philGRAD Member

Whenever I meet other doctoral researchers in the framework of philGRAD, it gives me a boost for my own work.«

Dr. Shijulal Nelson-Sathi
Postdoctoral researcher, Biology
iGRAD Member

The iGRAD training was good and useful, especially the courses in presentation skills and the management course.«

You can find the full interviews with our early career researchers at:
www.hera.hhu.de/Researcher-f2f
Heine Research Academies unite:

JUNO
Junior Scientist and International Researcher Center

iGRAD
Interdisciplinary Graduate and Research Academy Düsseldorf

medRSD
Medical Research School Düsseldorf

philGRAD
Faculty of Arts and Humanities Graduate Academy Düsseldorf